

**HFS 327**  
**Human Development and Sport**  
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Welcome to the *HFS 327: Human Development and Sport* Summer Institute for Project Advance! This workshop is designed to introduce you to the content, pedagogies, assessments and materials designed for teaching HFS 327. This course has been a regular course offering in Falk College's Human Development and Family Science (HDFS) Department (formerly the Department of Child and Family Studies - CFS) and is now be offered as a regular cross-listed course offering at Syracuse University within HDFS **and** the Department of Sport Management (SPM). SUPA recognizes this course as HFS 327.

The goal of the workshop is to introduce you to the emerging discipline of sport-for-development (SfD), to examine the dynamics of youth development in the context of sport, and to discuss ways in which sport-for-development programs have the potential to provide positive environments and opportunities for collaboration, social change, inclusion, and community enrichment. You will participate in the workshop as a teacher and learner, sharing teaching techniques with colleagues and designing your course. From time to time you will also participate in some writing and participatory exercises just as your students will. Finally, you'll be a student yourself, learning critical content, perspectives, and strategies along the way that are perhaps new to you. However, my goal is for participants in this workshop to function as learners, facilitators and colleagues.

**Text**

Sherry, E., Schulenkorf, N., & Phillips, P. (2016). *Managing sport development: An international approach*. Routledge: New York.

**Other Required Readings**

To be provided and discussed throughout the workshop  
Professional articles, reports, and SfD program materials

**Course Requirements**

Adjunct faculty status necessary to teach the Syracuse University courses is predicated upon successful completion of this workshop. Thus attendance and active group participation is mandatory at every session.

**Course Content**

The reading and writing assignments for this course have been designed to challenge you intellectually and to encourage you to venture into this class with a variety of pedagogical strategies. Content is generally organized in units:

- Overview Sport for Development
  - Theories
  - Perspectives
  - Applications and examples
- Policy and international differences
- Community and support networks
- Sport and youth development
  - Readiness for sport

- Psycho-social development
  - Emotional development
  - “Character” development
- Sport for Development programs and programming
- Sport-plus and Plus-sport Connections
  - Social change
  - Social justice
  - Social responsibility
  - Peace

## SI WORKSHOP CALENDER

### MONDAY, July 12th

Goals/Activities for the day:

- Introductions and housekeeping
- Questions about Project Advance
- Introduce HFS 327 and Summer Institute Goals
- HFS 327 overview: Course components
- Introduction of syllabi- what is it, what is expected, why is it required
- Introduction to Sport for Development as an emerging discipline: Chapters 1-2
- Planning the introduction to the course

### Schedule

9:00-10:00	Participant Introductions (Where you are from, sport background, teaching background, expectations, etc.)
10:15-11:45	Introduction to the development of the course General learning outcomes Introduction of the Workshop schedule Introduction to the course syllabus and topic schedule
11:45-12:45	Break
1:00-2:00	Discussion of course requirements and assessment options
2:00-3:30	Introduction of SfD – Chapters 1-2 <ul style="list-style-type: none"><li>○ content</li><li>○ materials</li><li>○ videos</li></ul>
3:30-4:00	Questions; discuss assignment for Tuesday Review of readings for Day 2

### **Homework:**

1. Review sample HFS syllabi and course calendar. Analyze how you see this fitting into your class schedule/time frame. Make a list potential adjustments for your course.
2. Review Chapters 1-2
3. Read Chapters 3-6
4. Review the discussion questions at the end of each chapter
  - Which ones would you include in your discussions?
  - Develop a few additional guiding questions to assess student understanding.

## **TUESDAY, July 13th**

Goals/Activities for the day:

- Introductions and housekeeping
- Review of content, summary questions, and additional guiding questions for Chapters 1-2
- Topics for the day:
  - International sport development
  - Discussion related to History of Competitive Youth Sport in the U.S.
    - How to infuse the historical components
    - As a topic or by topic
  - High Performance and Community sport.
  - Discussion of various application opportunities to engage students
  - Introduction to developmental perspectives
- Chapters 3-6

### Schedule

8:45-9:00	Housekeeping
9:00-10:00	Review summary question assignments S4D Program Examples
10:15-12:00	Chapters 3-5 Discuss content and potential activities and structure <ul style="list-style-type: none"><li>○ Include current events, organizations, etc.</li></ul>
12:00-1:00	Break
1:00-3:30	Developmental Perspectives in sport <ul style="list-style-type: none"><li>○ Quality components of SBYD</li><li>○ Readiness for sport</li><li>○ Motivation and competition</li><li>○ Identity, Resiliency, and Character development</li><li>○ Leadership and sport</li></ul>
3:30-4:00	Materials and Assessments Review, questions related to topics, assignments for Wednesday

### **Homework:**

1. Read chapters 8-10
3. Develop a set of questions related to today's topics

## WEDNESDAY, July 14th

Goals/Activities for the day:

- Questions about previous content
- Discussion of various application opportunities
- Chapters 8-10
- Planning units
- Introduction of S4D project

### Schedule

8:45-9:00	Housekeeping
9:00-10:00	Chapter 8 and readings: Coach and Parental influences on child/youth development in sport
10:00-12:00	SUPA Administrative Session/Presentation
12:00-1:00	Lunch
1:00-2:30	Library Session (SUPA)
2:45-4:00	Exercises and materials for student engagement <ul style="list-style-type: none"><li>○ Trash talking survey</li><li>○ Research</li></ul>
	Sport and Social Change - Chapters 9 & 10 <ul style="list-style-type: none"><li>• Required readings</li><li>• Applications and resources</li></ul>
4:00-4:15	Review, questions, assignment for Thursday

### **Homework:**

1. Read Chapters 12
2. *Exercises – S4D program review assignment*
3. *Mission Statement Exercise*
4. Continue working on course syllabus/plan and requirements

\*\* SUPA Trivia Night

## THURSDAY, July 15th

Goals/Activities for the day:

- Continue with S4D project/presentation assignment
- Discuss various applications opportunities - Community speakers
- Additional resources and readings
- Sport and Social responsibility
- Sport and Social Justice/inclusion
- Planning units

### Schedule

8:45-9:00	Housekeeping
9:00-10:00	Syllabus - SD Project/presentations planning and step-by-step evaluation <ul style="list-style-type: none"><li>• Process of program development</li><li>• Project materials and potential revisions for your class</li><li>• Presentations</li></ul>
10:00—11:00	Sport and Social Responsibility- Chapter 12 and required readings <ul style="list-style-type: none"><li>• Models</li><li>• corporate responsibility</li><li>• professional athletes and professional organizations</li><li>• Discussion of potential engagement exercises &amp; resources</li></ul>
11:00-11:15	Break
11:15-12:15	Sport and... <ul style="list-style-type: none"><li>• environment</li><li>• technology</li><li>• health initiatives</li></ul>
12:15-1:15	Break
1:15-3:00	Sport and Social Justice – equity and inclusion <ul style="list-style-type: none"><li>• race</li><li>• disability</li><li>• gender</li></ul>
3:00-4:00	Discussion of content, questions, potential student engagement and writing exercises/assignments

### **Homework:**

1. Develop a draft syllabus and course schedule to be discussed on Friday
2. Identify several additional resources/readings related to sport and social inclusion, environment, technology, and health.

## **FRIDAY, July 16th**

Goals/Activities for the day

- Review content and class resources– *Sport for Peace*
- Review all assignments
- Review Course Syllabus and course schedule drafts

9:00 – 10:00            Review of any additional resources/readings from homework

10:00-10:45            Sport and Peace

10:45-12:00            Final Review of course assignments and activities – for draft syllabus  
Review of course schedule for the fall semester – for draft syllabus  
Questions, Needs, Concerns, workshop evaluation, wrap-up